

# Joy Filled Eats

DISCOVERING JOY IN THE KITCHEN



*Taryn Scarfone*

joyfilledeats.com  
taryn@joyfilledeats.com

## Featured on

- BETTER HOMES & GARDENS  
- LOW CARB MAG

## ABOUT ME

The kitchen has always been a joy-filled place in my life. I enjoy spending time baking, cooking, and creating recipes and I want to share that with my readers. Even in the midst of dieting and weight loss food should bring JOY. I have lost over 50 pounds and enjoyed every bite. My recipes are all gluten and sugar-free. Most are also low carb and grain free.



130000+ 52000+  
 22400+ 2300+  
 12400+

**AVERAGE MONTHLY PAGE VIEWS**  
**1,650,000+**

**AVERAGE MONTHLY UNIQUE VISITORS**  
**900,000+**

**COMBINED MONTHLY REACH**  
**10,000,000+**

## Brand Partners

VITAMIX  
JIMMY DEAN  
AHOLD STORES  
BERTOLLI  
EL YUCATECO  
HAPPY EGG CO  
FINLANDIA

## Services

RECIPE DEVELOPMENT  
SPONSORED POSTS  
PRODUCT REVIEWS  
GIVEAWAYS  
BRAND AMBASSADOR  
FOOD PHOTOGRAPHY  
RECIPE VIDEOS

## Demographics

THE MAJORITY OF MY VIEWERS ARE FEMALE BETWEEN 25 & 54 AND LIVING IN THE US.



Contact me for current rates at [taryn@joyfilledeats.com](mailto:taryn@joyfilledeats.com)