

Joy Filled Eats



DISCOVERING JOY IN THE KITCHEN



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Average Statistics

Average Monthly Reach
Average Page Views 630k
Average Unique Visitors 300k+
Email List 8500+

36000+



2600+



5700+



2000+



The kitchen has always been a joy filled place in my life. I enjoy spending time baking, cooking, and creating recipes and I want to share that with my readers. Even in the midst of dieting and weight loss food should bring JOY. I have lost over 50 pounds and enjoyed every bite. My recipes are all gluten and sugar free. Most are also low carb and grain free.

Services

Recipe Development
Sponsored Posts
Product Reviews
Giveaways
Brand Ambassador
Food Photography
Recipe Videos

Featured on: Better Homes & Gardens Low Carb Mag



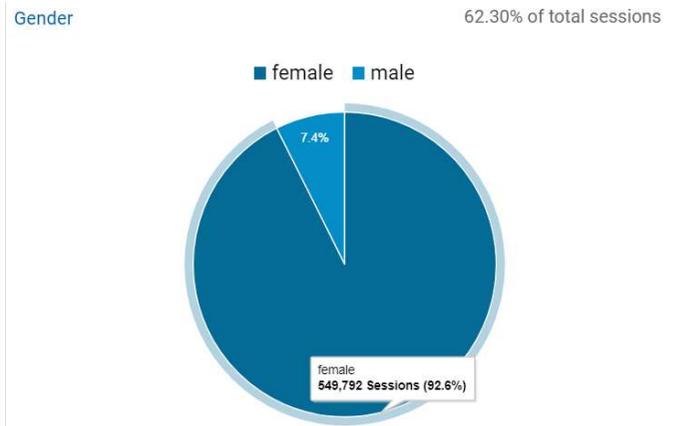
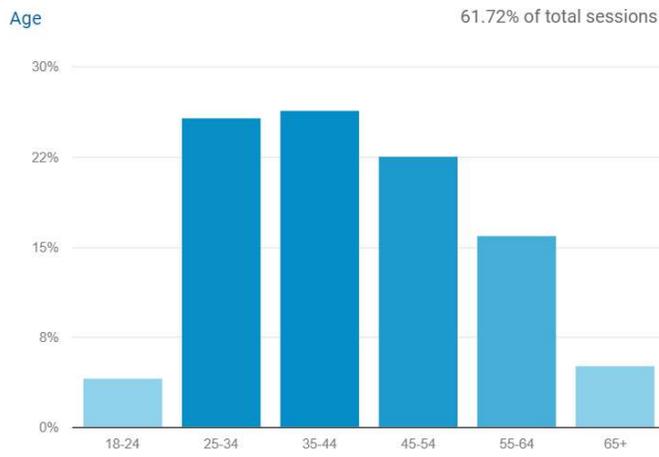
Some of the Brands I've Worked With:

- Vitamix
- Nutiva
- Let's Do Organics
- Coco Polo
- Snapple
- Friendship Dairies
- Stella Cheese
- Jimmy Dean
- Vintage Seltzer
- Honeyville
- Ahold Stores
- Bertolli
- El Yucateco
- Happy Egg Co
- Finlandia
- Nancy's Yogurt
- Heluva Good



Viewer Demographics

The majority of my viewers are female between 25 & 54 and living in the US.



Why work with Joy Filled Eats?



- **Enthusiasm** - I have a love and deep passion for cooking, baking, and creating recipes. It thrills me to combine the joy I find in food with being creative and artistic.
- **Experience** - I have a background in visual art and photography. I graduated in 2003 with a Visual Arts degree from Rutgers University with a concentration in photography.
- **Growth** - In my first 15 months of blogging my views have increased to over 500k per month.
- **Personalization** - I love working with brands to develop new recipes that highlight the best parts of their product.
- **Economical** - My rates for sponsored posts are very reasonable for the size of my audience.
- **Evergreen content** - I continue to share all my blog posts months and years after they are initially published.

Please Contact Me for Current Rates

