

Joy Filled Eats



DISCOVERING JOY IN THE KITCHEN



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The kitchen has always been a joy filled place in my life. I enjoy spending time baking, cooking, and creating recipes and I want to share that with my readers. Even in the midst of dieting and weight loss food should bring JOY. I have lost 54 pounds and enjoyed every bite. My recipes are all gluten and sugar free. Most are also low carb and grain free.

Statistics

Average Page Views 595k
Average Unique Visitors 245k+
Email List 6100+

29600+



18000+



4000+



1700+



Services

Recipe Development
Sponsored Posts
Product Reviews
Giveaways
Brand Ambassador
Food Photography

Featured on:

Better Homes & Gardens Delish Dish
Low Carb Mag



Joy Filled Eats
Popular Posts



Some of the Brands I've Worked With:

- Vitamix
- Nutiva
- Let's Do Organics
- Coco Polo
- Snapple
- Friendship Dairies
- Stella Cheese
- Jimmy Dean
- Vintage Seltzer
- Honeyville
- Ahold Stores
- Alter Eco
- El Yucateco
- Happy Egg Co
- Finlandia



Why work with Joy Filled Eats?



- **Enthusiasm** - I have a love and deep passion for cooking, baking, and creating recipes. It thrills me to combine the joy I find in food with being creative and artistic.
- **Experience** - I have a background in visual art and photography. I graduated in 2003 with a Visual Arts degree from Rutgers University with a concentration in photography.
- **Growth** - In my first 15 months of blogging my views have increased to over 500k per month.
- **Personalization** - I love working with brands to develop new recipes that highlight the best parts of their product.
- **Economical** - My rates for sponsored posts are very reasonable for the size of my audience.
- **Evergreen content** - I continue to share all my blog posts months and years after they are initially published.

Sponsored Post Rates

- **Sponsored Recipe or Review Post \$750**
(includes no-follow links to the sponsor's website and social media, 5+ high-quality original photos, an original recipe, mention in my weekly newsletter, custom graphic for pinterest, and social media shares on all my pages, can include a giveaway if desired)
- **Instagram Share \$50 per photo**
- **Facebook Page Share \$100 per post**

*** Please ask about multi-post discounts ***

